

Mr. Amero
Enrichment Activities

Artistic Expression thru Film (A.K.A. Film & Media Class)

Video Journal

The world is currently experiencing something that we have never in our lifetimes faced before. You have an incredible opportunity to document your daily life for yourself, family and future family.

Take a moment each day to separate yourself and record your thoughts. Speak honestly about your day, your thoughts and emotions. Does it bring tears, laughter, anger or other emotions? And do these change day-to-day? All are o.k. You will not be asked to share this unless you want to. Again, for you sometime down the road.

*Knowing you as I do...and having a moment to think about it...perhaps once a week would be just as good!

**I would also ask that you give other family and friends the opportunity to get their thoughts and emotions on video.

Thank you and Best of Luck!

**Please email me: anthony.amero@sad12.com

**Questions: Mr. Amero hotline: (207) 668-9291