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VISUAL JOURNAL

PROMPTS



IDENTITY

- Who am I?
- When I was Younger
- When I Grow Up
- My Biggest Fear
- My Journey
- My Greatest Joy
- When I'm Alone
- My Biggest Dream
- Some Day I Will
- How Others See Me



IMAGINATION

- Invent an object.
- Imagine that you have traveled to a different time period. Draw what you see.
- Be creative with letters.
- Be creative with numbers.
- Draw yourself in an imagined environment.
- Pretend you've been sucked into your favorite book.
- Listen to your favorite song and imagine what it looks like.
- You have swapped bodies with someone else. Now what?
- You come across a magic mirror. What does it show?
- You have discovered life on Mars...



ART SKILLS

- Create a drawing of a chair.
- Make a creative drawing of kitchen items.
- Draw your closet in one or two-point perspective.
- Choose an element of art to highlight.
- Choose a principle of design to highlight.
- Create a monochromatic entry.
- Create a piece using only a ballpoint pen.
- Make an entry that starts with a blind contour drawing.
- Draw the same object 10 times in 10 different ways.
- Create an entry that includes a portrait of someone you admire.

