

Name \_\_\_\_\_

Date \_\_\_\_\_

## Muscles of Neck and Trunk

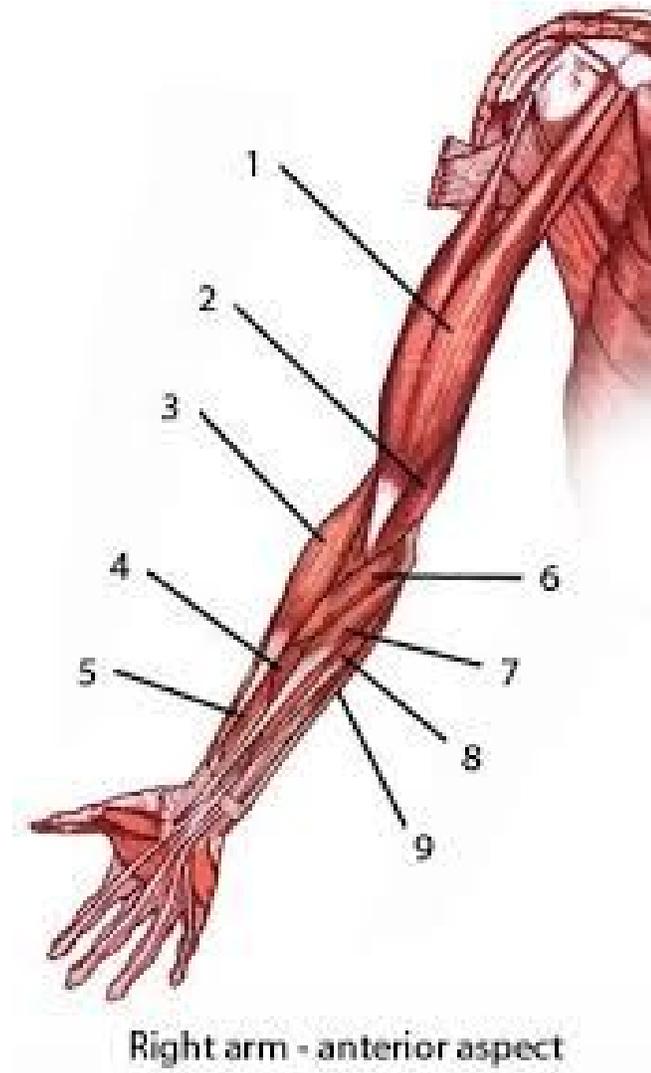
1. Name the muscles above the hyoid bone, and give me their function.
  
2. Name the muscles below the hyoid bone, and give me their function.

Label the muscles below. Word Bank: (Deltoid, Trapezius, Latissimus Dorsi, Triceps Brachii)

Figure 8.18a Muscles of the posterior neck, trunk, and arm.



Label the muscles below. Word Bank: (Biceps Brachii, Brachioradialis, Palmar Longus, Flexor Carpii Radialis, Flexor Carpii Ulnaris, Pronator Teres)



5. If I am lifting a book making a concentric contraction, my biceps brachii is the \_\_\_\_\_.

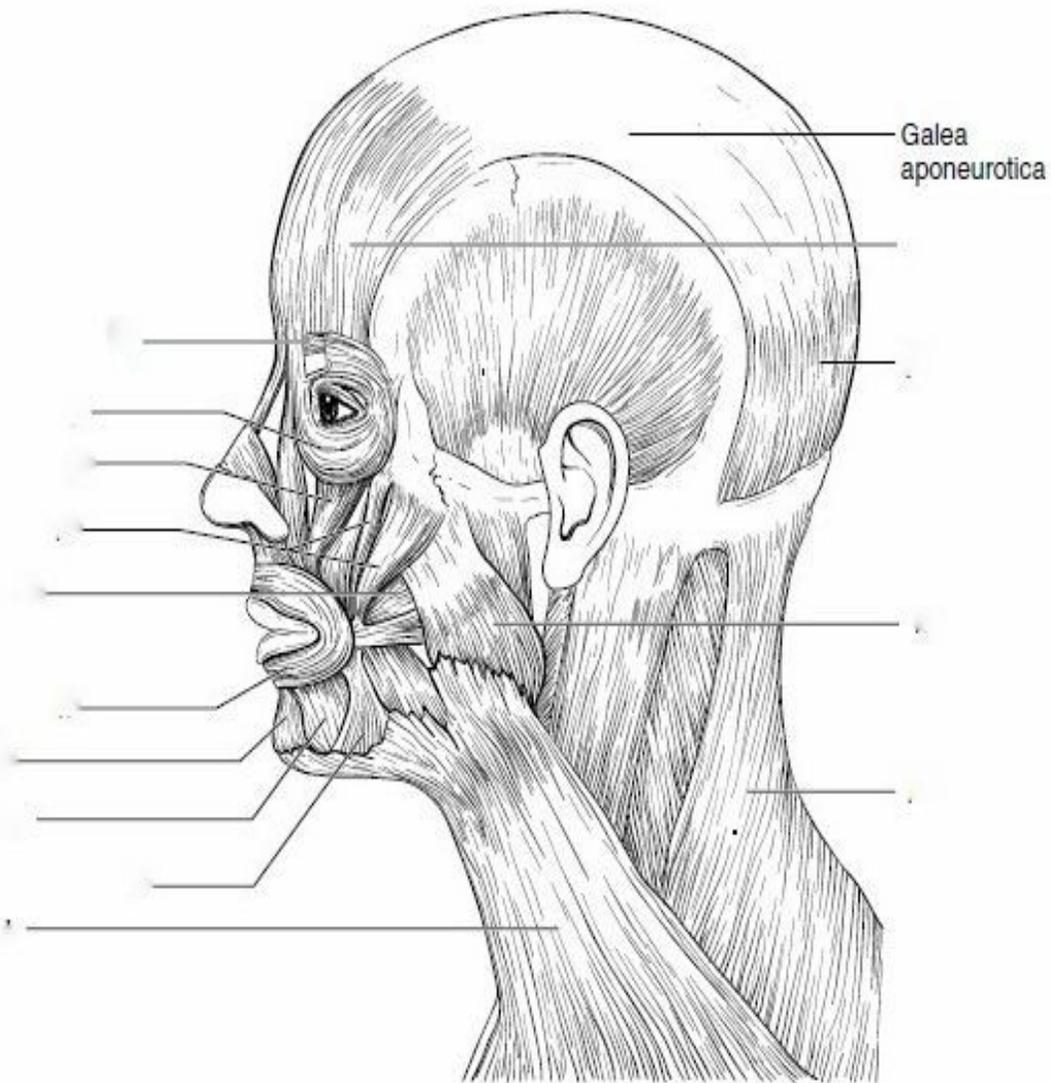
- a) Agonist
- b) Synergist
- c) Antagonist
- d) None of the above

6. When I move my arm away from my body this is called \_\_\_\_\_.

- a) Adduction
- b) Abduction
- c) Conduction
- d) Antagonation

## Muscles of the Head

Word Bank: Epicranial Aponeurosis, Levator Labii Superioris, Orbicularis Occuli, Occipitofrontalis, Temporalis, Zygomaticus major/minor, Masseter, Buccinator, Orbicularis Oris, Depressor Anguli Oris, Depressor Labii Inferioris.



Name \_\_\_\_\_

Date \_\_\_\_\_

## Muscles of the Leg

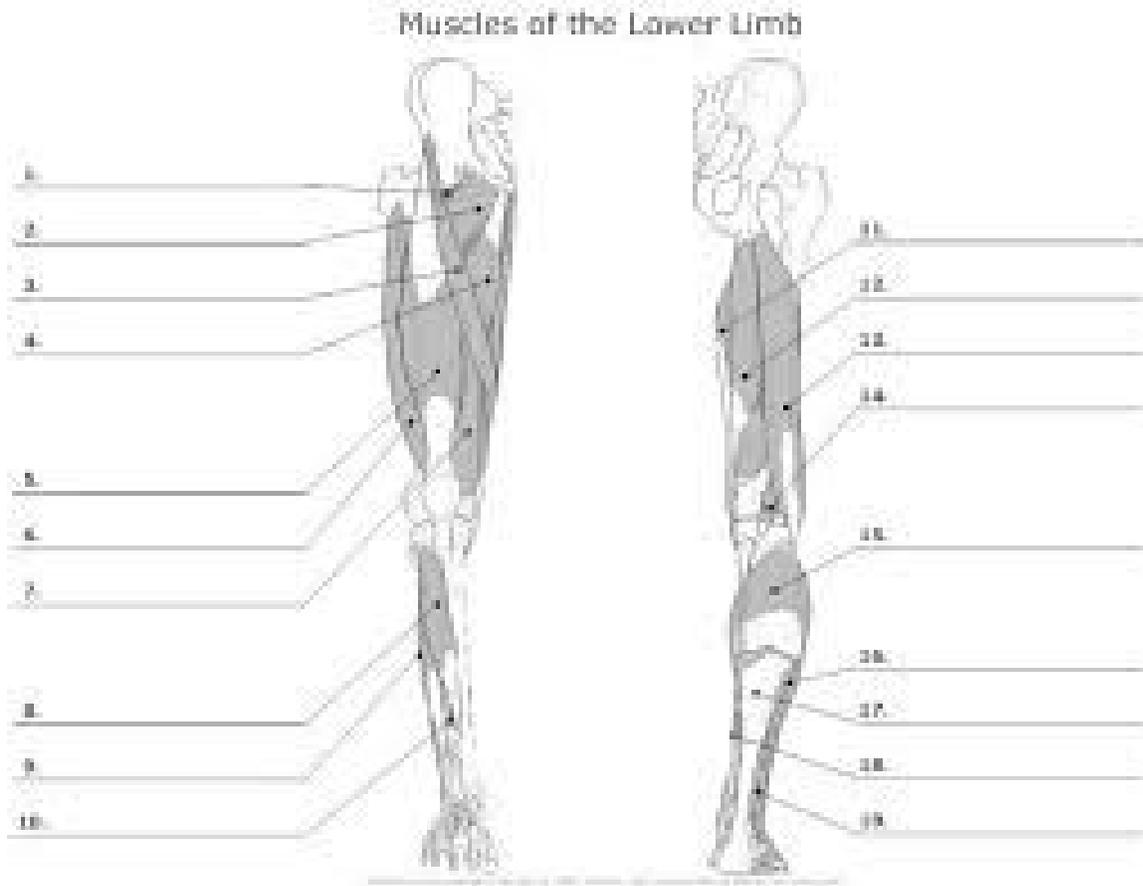
1. If you are a marathon runner the muscles of your legs will mostly be \_\_\_\_\_.
  - a. Slow twitch
  - b. Fast twitch
  - c. Synergists
  - d. Antagonists
  
2. Some muscles of the leg like gracilis, move the leg away from the body. This is called \_\_\_\_\_.
  - a. Abduction
  - b. Reduction
  - c. Adduction
  - d. Induction
  
3. Which of the following muscles does Not make up the hamstring?
  - a. Biceps femoris
  - b. Semitendinosus
  - c. Semimembranosus
  - d. Gluteus Maximus
  
4. Which of the following muscles does Not make up the “calf”?
  - a. Soleus
  - b. Gastrocnemius
  - c. Rectus femoris
  - d. None of the above
  
5. This muscle is linked to the largest bone below the knee and allows dorsiflexion of the foot.
  - a. Sartorius
  - b. Tibialis Anterior
  - c. Extensor digitorum longus
  - d. Deltoid

**Section II: Labeling. Use the word bank provided to label the figures below.**

**Left Side is anterior. Label the following numbers above.**

**Word Bank (Tibialis Anterior, Rectus Femoris, Rectus Femoris, Extensor Digitorum Longus)**

- 3.
- 5.
- 8.
- 9.



**Right Side is posterior. Label the following numbers below.**

**Word Bank (Gastrocnemius, Biceps Femoris, Gluteus Maximus “draw a line where it should be and label it 10”, Semitendinosus, Soleus)**

- 10.
- 12.
- 13.
- 15.
- 16.

**Hint: 16 is underneath 15 on the lower part of the leg.**

